

Steps to take for healthy mothers and babies

Interventions before, during and after pregnancy

Maternal deaths

289,000
women died during pregnancy and childbirth in 2013 worldwide

Newborn deaths

40%
of newborn deaths & stillbirths occur around the time of labour/day of birth worldwide

Child deaths

Children in developing countries are **56x** more likely to die before age 5, compared to developed countries



Taken from "Essential interventions for maternal, newborn and child health": <http://bit.ly/Esntl-Interventions>

What can researchers and healthcare workers do to reduce these figures?

Preconception interventions **“Closing the gap in the continuum of care”**



Taken from "Preconception interventions": <http://bit.ly/Preconcept-Interventions>

Pregnancy interventions

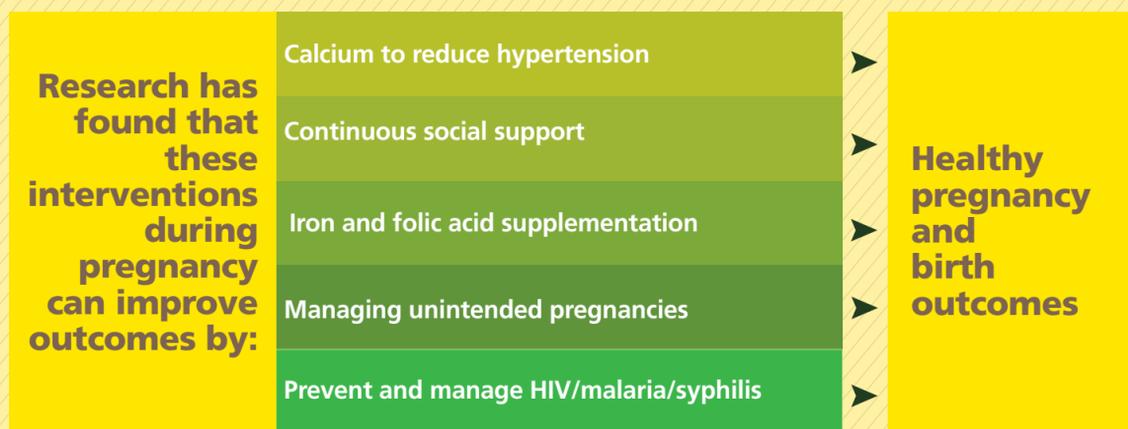
Improved access to a skilled birth attendant is key

Investing in midwives can save millions of women and newborn lives



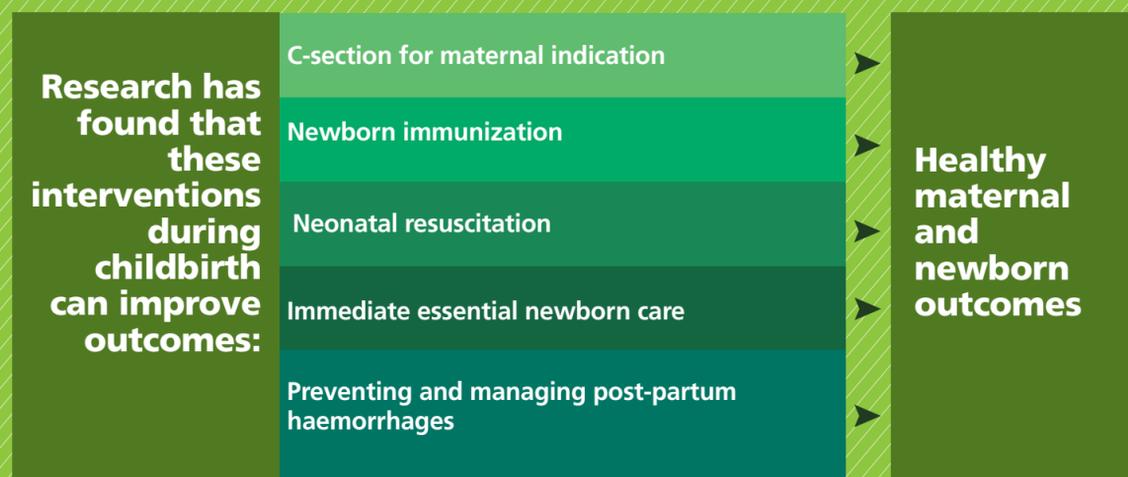
Midwives can perform 87% of the essential care for women & newborns with proper education

Taken from "The state of the World's Midwifery": <http://bit.ly/SoWMidWifery>



Taken from "Essential pre-pregnancy and pregnancy interventions for improved maternal, newborn and child health": <http://bit.ly/Esntl-Interventions>

Childbirth interventions



Taken from "Essential childbirth and postnatal interventions for improved maternal and neonatal health": <http://bit.ly/Esntl-maternal-neonatal>

Postnatal interventions

Researchers have demonstrated that the following post-pregnancies interventions can improve newborn and maternal health:

Vitamin A supplementation > 6 months of age	treats measles
	treats pneumonia
	decreases mortality
Zinc	decreases severity of diarrhoea in newborns
Corticosteroids	decrease neonatal deaths
	decrease maternal haemorrhage
	prevent neonatal distress syndrome

Taken from "Essential interventions for child health": <http://bit.ly/Esntl-child-health>

Vaccinations given in the first 24 hours of life (BCG/OPV, Hep B) can dramatically decrease a newborn's risk of dying from certain preventative diseases and death in later life



Taken from "Essential interventions: implementation strategies and proposed packages of care": <http://bit.ly/Esntl-Implementation>